



Newsletter of the Illinois Higher Education Center - November 2023

AFFILIATE MEETING - QUARTER 2

Coming up on December 7, 2023 is the affiliate meeting for quarter 2. It will be held at Heartland Community College in Bloomington, Illinois from 9am - 3:30pm.

- This affiliate meeting provides the opportunity to share research and the current trends on your campus related to alcohol or other drugs.
- This will also be an opportunity to network with other AOD contacts in higher education settings in Illinois.
- There will be open discussions on what IHEC can do to better serve Illinois colleges and universities.

DISCLAIMER:
Due to the one day nature of this

UPCOMING EVENTS

Webinars:

[Project ACCESS](#) by Dr. Dolores Cimini on November 9th @ 12pm

[Promoting Social Connection and Coping Strategies to Prevent Substance Use Disorder](#) by Dr. Michael Mackert on November 13th @ 12pm

[Athletic Performance Impacts of Alcohol and Cannabis: The "Hook" for Student-Athletes](#) by Susie Bruce on November 16th @ 12pm

[Navigating a Changing Legal Environment Related to Cannabis Use Webinar](#) by Jen Jacobsen on November 28th @ 12pm

Institutional Needs Survey
November 8th: released via email

Orientation Meeting:

event, lodging and travel will not be provided. Email us at ihec@eiu.edu with any questions.

November 20th @ 2pm

Advisory Board Meeting:
November 21st @ 2pm

Information on Upcoming Webinars

There are lots of webinars coming up in the month of November. See below for more information on each of them.

Project ACCESS - Mitigating Risk for Substance Use and HIV Among Minoritized College Students Experiencing Health Disparities Using an Embedded Prevention Navigator Model webinar

The goal of Project ACCESS (Achieving College Completion through Engaged Support Services) is to expedite service access by minoritized students at highest risk for substance use and HIV, many of whom face significant health disparities and academic and financial inequities. In this webinar, we will explore how Project ACCESS is implementing an innovative approach in which HIV Prevention Navigators and Peer Support Specialists with lived experience are embedded in spaces on campus where students naturally congregate to deliver timely and culturally responsive evidence-based population-level and individual substance use and HIV prevention strategies. The workshop will highlight how the program has engaged campus and community partners to deliver a range of culturally responsive prevention, screening, and treatment services that optimize timely and seamless access and engagement by students.

Promoting Social Connection and Coping Strategies to Prevent Substance Use Disorder Webinar

This presentation will provide practical tools for developing more effective health campaigns and interventions, showing their use in the development and implementation of a statewide public health campaign to prevent substance use disorder by promotion social connection and healthy coping strategies.

Athletic Performance Impacts of Alcohol and Cannabis: The “Hook” for Student-Athletes Webinar

Student-athletes are more likely to experience harm related to alcohol use compared to their non-athlete peers; however, many student-athletes are unaware that alcohol and marijuana can negatively impact athletic performance. This interactive presentation reviews the performance impacts of alcohol and cannabis use, including on aerobic capacity, immune response and injury recovery. The latest NCAA research on student-athlete substance use norms, and considerations for adapting social norms-based interventions will be addressed. We will employ a web-based audience engagement tool in

the program to model strategies for student engagement.

Navigating a Changing Legal Environment Related to Cannabis Use Webinar

As states continue to legalize recreational cannabis use, we can anticipate both confusion about what is allowed as well as a potential increase in college student cannabis use. Campus professionals need clarify policy regarding what's allowed on our campuses as well as re-prioritize cannabis in our comprehensive prevention efforts. In this session, we'll first navigate the continued requirements of the Drug Free Schools and Communities Act (DFSCA) and how to communicate this information to key constituencies. Next, we'll discuss evidence-based and evidence-informed strategies in addressing cannabis use on campus. Finally, we will identify potential campus partners for addressing cannabis use across campus in various contexts and how to create buy-in for partnerships.

Biennial Surveys

- Plans to administer in the spring semester.
- Adaption of MACHB (statewide survey of Missouri).
- We still have not received the CORE survey results from 2022.
- In-house method of administration, and therefore no cost to institutions.

Email Annabelle at alescamilla@eiu.edu if you have plans to administer the survey at your institution, so that we can keep you updated as we receive new information.

Annual Surveys

- Institutional Needs Assessment

This survey will be released via email on November 8th, 2023. The purpose of this assessment is for IHEC to gain an understanding of what the colleges and universities in Illinois are currently doing at their institutions for AOD prevention, so that we can guide our services to what is needed.

Intended for presidents, dean of students, or student affairs leadership. One assessment should be submitted per institution.

Materials you may need to fill out the assessment: your institutions AOD policies, budgets/resources used for AOD policy/programming efforts, general reports related to AOD, and behaviors on campus.

- Professional Development Needs Assessment

There are plans to release this survey in the Spring, around the beginning of March. This assessment allows more people from each institution to provide feedback on what forms or area of professional development they are looking

for/would find helpful.

Intended for AOD primary contacts, health education professionals, directors of health and counseling services, student affairs leadership, law enforcement officials, residential life staff, fraternity and sorority life staff, and others.

This survey can be submitted by more than one person at each institution.

ORIENTATION MEETINGS

This month's meeting is November 20th, 2023 at 2pm on Zoom.

Starting this year, IHEC will be offering a virtual IHEC Orientation session on a monthly basis. This session will go over general information, upcoming events and ways to get involved. Participants will receive the orientation packet and the opportunity for technical assistance for their campus.

Email List & Advisory Board Applications

To join our email list, reach out to alescamilla@eiu.edu for more information. We are taking applications for our advisory board that meets once a month. This position helps provide guidance, feedback, and ideas for IHEC events, professional development, and ways to stay active in the field. Email Annabelle at alescamilla@eiu.edu if you are interested.

Facebook: Illinois Higher Education Center for AODV Prevention

Instagram: IHEC_EIU

Only on Socials

Prevention Partner Library – A new resource shared every other week.

Event Updates - This is where you find out what's new and updates on scheduled events.

Event Reminders - You don't want to miss it!

Event Information - Webinar Objectives, Information about Speakers, Webinar highlights, etc.

Weekly Topics - Important Information related to Alcohol and Other drugs.

Contact Us:

217-581-2019
ihec@eiu.edu



Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention & Recovery through



ILLINOIS HIGHER
EDUCATION
CENTER

for alcohol, other drug
& violence prevention

a grant from the Substance Abuse and Mental
Health Services Administration.

Illinois Higher Education Center | 600 Lincoln Ave, Charleston, IL 61920

[Unsubscribe ihec@eiu.edu](mailto:ihec@eiu.edu)

[Update Profile](#) | [Constant Contact Data
Notice](#)

Sent by ihec@eiu.edu powered by



Try email marketing for free today!