



### Day 1: Fly to England

Meet your group and travel on an overnight flight to London.

### Day 2: London

Arrive in London: Welcome to the cosmopolitan city of London, truly one of the world's great cities. Depending on your arrival time, you may have free time to settle in and explore on your own.

Explore London: Ready to see London on foot? Stretch your legs and set out through Trafalgar Square, Covent Garden, the Strand and Leicester Square on a walking tour of the city. Later, rest your feet and get to know your tour over a group dinner of local favorites.

### Day 3: London

Sightseeing tour of London: From Big Ben to the Houses of Parliament, Great Britain's royal tradition and rich history greet you at every turn. Admire architectural marvels like St. Paul's Cathedral, and check out the five-way intersection at Piccadilly Circus and the urban greenery of Hyde Park. You may even get a chance to witness the ceremonial Changing of the Guard. Cap off your tour at the River Thames and snap photos of the Tower of London.

Meeting with nurse: Take part in an informative question-and-answer session with a local registered nurse who can share insights into Britain's healthcare system.

Discover Medical London walking lecture: Encounter the fascinating people and places that comprise London's rich and often unexpected medical history.

### Day 4: London

Florence Nightingale Museum: Located at St. Thomas' Hospital in central London, the museum honors the woman credited with founding modern nursing in the United Kingdom. Explore the nursing school she founded and learn about the legend of the Lady with the Lamp. In addition to interactive exhibits, you'll see the writing slate Florence used as a child as well as her medicine chest and other historical keepsakes. The museum is a member of the London Museums of Health & Medicine.

Visit the tower of London: Enter through thick defensive walls and take a look behind the Tower of London's imposing stony facade. Henry VIII banished two of his wives to this former prison, where Guy Fawkes also spent his final days. But the Tower's most famous occupant—the Crown Jewels—still resides here today.

### Day 5: London

London on foot: Explore the city by foot and take in the sites with your local tour guide. From historic sites and attractions, to some of the most famous views in the world, you'll want your camera for this walking tour.

Lecture: Enjoy a lecture on the history of London's healthcare system led by a professor of HULT International Business School.

Visit with a speech pathologist

### Day 6: London

Windsor Castle: At this former fortress, see priceless objects in the State Apartments, like paintings by Rubens and Holbein. Encounter the Gothic splendor of St. George's Chapel, final resting place of many monarchs. Discover Queen Mary's Dolls' House, where castle items are replicated in 1/12th scale—including a working lighting system and functional plumbing.

Visit with a speech pathologist

Later tonight, you'll meet up for a farewell dinner in the city.

### Day 7: Paris

Travel to Paris: Board a Eurostar train and travel to the City of Light.

Explore Paris: Take a walking tour of Paris and discover the city's Latin Quarter, so named for the once prominent language spoken in the area. You'll also visit the Louvre and spectacular Notre Dame Cathedral before unwinding over a delicious dinner.

### Day 8: Paris

Sightseeing tour of Paris: Ride down the famous Champs-Élysées, an elegant boulevard packed with high-fashion boutiques. Pass the Place de la Concorde and the Arc de Triomphe and strike a pose in front of the Eiffel Tower. Your guide shares insight into Parisian culture and stories of the city's military history when you continue past Les Invalides.

### Day 9: Depart for home

Transfer to the airport and check in for your return flight home.